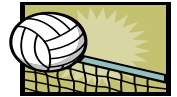




SHG "Cyclones Camp"
For all INCOMING 4th-8th grade

June 17—June 19, 2019
SHG West Campus Gym

VOLLEYBALL CAMP



Experienced camp director, Sandy Hamilton, along with her assistant coaches and current SHG volleyball players offer a fresh alternative of camp instruction; combining traditional skills with an examination of current issues in amateur volleyball today.

Sandy Scholtens Hamilton...

A 4-year letter winner for the Fighting Illini-Champaign, Scholtens was an outside hitter on the U of I's Big Ten Championship team three years in a row. She helped lead the Fighting Illini to two NCAA final four appearances. She has an Illinois record for 1,133 digs during her 4-year varsity career. After placing in the top four nationally, Sandy's senior year, the U of I staff renamed its Coaches' Award to the "Scholtens Award" given to the Illinois player that best exemplifies the spirit of the Fighting Illini for hard work and determination. She also received All-American honors for Strength & Conditioning. In addition Sandy helped coach Parkland Jr College volleyball to their first ever National Championship title. Sandy has coached Christ the King teams to several State appearances. Sandy currently works at Remax Professionals in Springfield specializing in residential and commercial real estate.

Dates/Times:

- June 17th thru June 19th,
Monday thru Wednesday
- Incoming 4th, 5th & 6th:
8:00-9:30am
- Incoming 7th & 8th:
9:30am-11:30am

Price:

- 4th, 5th & 6th: \$65
- 7th & 8th: \$75

Place:

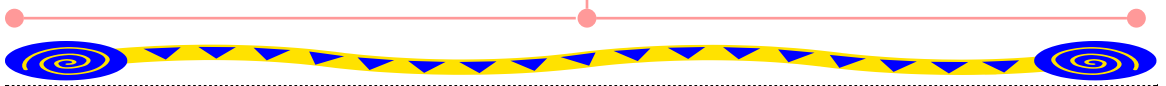
- SHG Gym –West Campus

Contact:

- sandyhamilton@gmail.com
- 217-778-1010

What to bring/wear:

- Kneepads
- Water bottle
- Money for Oreo Blast (\$3 each)



Register On-Line at SpringfieldEliteVBC.com

— OR —

Detach and send payment to: Sandy Hamilton, 4213 Gaskell Drive, Springfield, IL 62711
Or drop off to SHG school office. Questions? SandyHamilton@gmail.com

Player's Name: _____ **T-shirt Size (Circle one) Y=Youth, A=Adult**

Parent's Email: _____ **YS YM YL YXL AS AM AL AXL**

Grade this fall: 4th 5th 6th 7th 8th **Parent Cell:** _____

Your Current School: _____ **Checks payable to:**
Amount: \$65 (4th/5th/6th) \$75 (7th/8th) SHG Volleyball